## Memory Screenings

How healthy is your brain? These screenings can help individuals determine if they are at risk of memory issues. It only takes about 15 minutes and can be administered by Debbie Anderson at Okatie Pines on Thursdays. This is a free, confidential service. To make an appointment, email info@mymemorymatters.org or call 843-842-6688



### **Contact us**

843-842-6688

142 Okatie Center
Boulevard Okatie Pines is
located off Hwy. 170 and
Hwy. 278. It is located
behind the Starbucks and
Cracker Barrel on Hwy 278
near Sun City

mymemorymatters.org







## **OUR HISTORY**

**Memory Matters began in 1997 on** Hilton Head Island. Several years later, community members requested our services be offered off-island so we began some classes in Bluffton at St. **Gregory the Great. When the COVID-19** pandemic happened, our services ceased on HHI and in Bluffton. In March 2021, we began offering inperson classes again at our HHI location. Families who used our services at SGG soon asked us to return to Bluffton. We listened, and in **August 2021, Okatie Pines Retirement Community offered us space. Since** then, we have provided services and classes to Okatie Pines residents, as well as the general public.

# **RESOURCES & CONSULTATIONS OKATIE**

#### WHEN:

Thursdays from 9 a.m. - 5 p.m.

#### WHERE:

**Okatie Pines Retirement** Community, 142 Okatie Center Boulevard N, Okatie, 29909.

#### WHO:

**Debbie Anderson, Community Education Director** 

#### WHAT:

- Memory Matters services for caregivers
- Information about Memory Matters counseling and support groups
- Assessments for participation in our memory care programs
- Free Memory Screenings

# **CLASSES AT**

**Brain Boosters - a three-session** class for anyone at any age to maximize brain power.

**Memory Enhancing Training - a** weekly 2-hour class on Tuesday mornings for those diagnosed with early memory loss. Fee Assistance is Available

