

# MEMORY SCREENINGS

How healthy is your brain? These screenings can help individuals determine if they are at risk of memory issues. It only takes about 15 minutes and can be administered by Cathee or Debbie at Okatie Pines on Tuesdays or Thursdays. This is a free, confidential service.

To make an appointment, email [info@mymemorymatters.org](mailto:info@mymemorymatters.org) or call 843-842-6688.



## CONTACT US



843-842-6688



**142 Okatie Center Boulevard**  
Okatie Pines is located off Hwy. 170 and Hwy. 278. It is located behind the Starbucks and Cracker Barrel on Hwy 278 near Sun City.



[www.mymemorymatters.org](http://www.mymemorymatters.org)



**memory**  
*matters* 

**IN  
OKATIE**



## OUR HISTORY

Memory Matters began in 1997 on Hilton Head Island. Several years later, community members requested our services be offered off-island so we began some classes in Bluffton at St. Gregory the Great. When the COVID-19 pandemic happened, our services ceased on HHI and in Bluffton. In March 2021, we began offering in-person classes again at our HHI location. Families who used our services at SGG soon asked us to return to Bluffton. We listened, and in August 2021, Okatie Pines Retirement Community offered us space. Since then, we have provided services and classes to Okatie Pines residents, as well as the general public.

## RESOURCES & CONSULTATIONS

### WHEN:

Tuesdays and Thursdays from  
9 a.m. - 5 p.m.

### WHERE:

Okatie Pines Retirement Community,  
142 Okatie Center Boulevard N,  
Okatie, 29909.

### WHO:

Debbie Anderson, Community  
Education Director.  
Cathee Stegall, Family Services  
Navigator.

### WHAT:

- Memory Matters services for caregivers
- Counseling and Support Groups
- Assessments for participation in our memory care programs
- Memory Screenings



## CLASSES AT OKATIE

Brain Boosters - a three-session class for anyone at any age to maximize brain power.

Savvy Caregiver - a six-session class for family caregivers.

Both classes cost \$99.

Go to [www.mymemorymatters.org](http://www.mymemorymatters.org) and click on the calendar under the News and Events tab to find out when the next Brain Boosters and Savvy Caregiver classes are offered.