



Baseline Memory Screening

What is a MoCA?

In 1996 the MoCA was recognized as the worldwide cognitive screening test for Alzheimer's and other disorders, adopted by many of the greatest healthcare institutions including Harvard, the Cleveland Clinic, Mayo Clinic, and National Institute of Health. The MoCA can detect Alzheimer's disease up to two years earlier than other instruments, such as the MMSE.

Why is the MoCA reliable?

Using the Montreal Cognitive Assessment offers a non-medical evaluation that includes consultation for next-step recommendations and program options.



your comprehensive resource for memory care
SUPPORT - EDUCATION - RESPITE

How To Schedule a Baseline Memory Screening (MoCA)

A confidential in-person screening may be scheduled by emailing: info@mymemorymatters.org. There are multiple locations to choose from, on and off island.

How Long is the Screening?

The screening only takes about 15 minutes and is administered by a Memory Matters certified and trained professional.

How is it performed?

A MoCA quickly assesses a person's cognitive abilities with 30 questions that analyze more areas of function than any other test. This capability helps detect disorder earlier, more accurately, and allows treatment decisions to happen faster.



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